Beki Harrison

Drawings, Cards and Giclee prints

Trail Location: Bowling Green Court, Brook Street
Social Media: www.facebook.com/bekiharrisonart   www.instagram.com/bekiharrisonart
Email: bekiharrison.art@gmail.com
Phone: 07572435599
Address: Boughton, Chester

Biography

I am Chester based artist, originally from the Lake District. I work in different types of 2D media. Most of my pieces are drawings with ink, often over backgrounds painted with various watercolour media. My work is in some way inspired by nature, patterns, animals and space.

For as long as I can remember, I have always been able to draw. I have little formal art training and after not doing as well as I would have hoped at A-Level art, I lost my confidence and stopped creating any art. Instead, I trained as Social Worker working with vulnerable adults. I had a gap in creating any art at all for a period of around 10 years, but I always felt it would be something that I would return to when the time was right.   The right time came when I began to suffer with severe anxiety. After such a long break from art, it was difficult to know where to start but I started making Zentangles, a form of therapeutic drawing involving repeated patterns with a focus on mindfulness.

I still use these techniques in some of my artwork, I love the aesthetic of repeating patterns and the calmness invoked by the process of drawing them. In 2017 I discovered the Inktober Challenge. This is a worldwide online challenge that takes place every October. The goal is to make a drawing each day based on a single prompt word and share this online. This gave me the confidence to share work online as part of a community and it turned out that people liked seeing my work.

Since then, I have continued to create in a variety of styles and using different media. I have shown work in exhibitions in Cumbria and Lancashire. My work is always intended to be colourful, fun and occasionally whimsical. I hope my story inspires others to have confidence to find their own creativity.